



LINCOLN VULCANS SWIMMING CLUB

Code of Conduct for Parents/ Carers and Guardians

Parents are expected to:

1. Complete and return the Health and Consent form as requested by the club and detail any health concerns relevant to the child on the consent form. Any changes in the state of the child's health should be reported to the coach prior to coaching sessions. And ensure the club has up to date contact details for you and any alternative person.
2. Deliver and collect the child punctually to and from coaching sessions/swim meets. Please inform coaching staff if there is an unavoidable problem.
3. If the club changes your child's lane and training times, please remember the change is to provide appropriate levels of training and enable your child to progress and should always be facilitated and encouraged .
4. Ensure your child is properly and adequately attired for the training session/events including all required equipment, i.e. hats, goggles etc. along with appropriate nutritious food/drink at events.
5. Inform the coach before a session if your child is to be collected early from a coaching session/meet and if so by whom.
6. Give encouragement to your child and tell them when they have done well and provide support when they are struggling – *Always say well done even if you don't think it was a great swim then ask what did the Coach say about the swim and do not contradict this advice as this will only confuse the child*

If you have any questions about what or why the coach has said this can be asked at the next Training Session (not at the competition)

7. Behave responsibly as a spectator at training/meets and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the Swim England commitment to equality, diversity and inclusion.
8. Ensure you do not use inappropriate language within the club environment.
9. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the club coach/nutritionist.



10. Support the club coach and committee appropriately and raise any concerns you have in an appropriate manner. Details of the club welfare officer or club secretary can be found on the club website and notice boards.
11. Do not enter poolside unless requested to do so or in an emergency.
12. If you wish to discuss any concerns regarding your child with the coach, we can arrange a mutually convenient time to do this.
13. Most of all help your child enjoy the sport and achieve to the best of their ability.

The club will undertake to:

- a. Inform you at once if your child is ill and ensure their wellbeing until you can collect him/her.
- b. Ensure good child protection guidelines are always followed to keep your child safe.
- c. Ensure all activities are properly supervised/taught/coached and consent is obtained for any activity outside of that previously agreed.
- d. Ensure all club policies are available on the club's website
- e. Know that any concerns about your child's welfare will be listened to and responded to.

The parent has a right to:

- a. Make a complaint to the club committee or welfare officer (as appropriate)
- b. Make a complaint on behalf of their child to Swim England.

Failure to comply

Any misdemeanours and breach of this code of conduct will be dealt with by the club.

As a parent of a swimmer at the Lincoln Vulcan's Swimming Club I agree to adhere to the Code of Conduct as written above.

Signed:

Date: