

LINCOLN VULCANS SWIMMING CLUB

Minutes from the meeting held on 3rd January 2021 via Zoom

Present:- D. Hendel (chair), C. Hendel (secretary), A. McIntyre (AHC), N. Oldham, A. Cole, S. Wilson, H. Nicholls, S. Nicholls, S. Collett, T. Lilley (welfare), J. Burr, L. Gifford and C. Burton (part of meeting)

1. Apologies for Absence

S. Howells and T. Hepplestone

2. Minutes of the meeting held on the 1st of December 2020

Minutes proposed by H. Nicholls and seconded by S. Collett and agreed by those present at the meeting

3. Matters arising

CH confirmed that flowers as agreed at the last meeting had been sent to Kate Maloney and Toni Shearer for all their work in providing land work sessions over the last few months. CH also included Julie McConnell-Wood at City as a thank you for the additional hours she worked to ensure the pool was available for us.

4. Finance update

Account balances agreed

A new mandate for the bank has been completed this just needs a signature from TH before this can be re-submitted.

Grants/funding opportunities

CH asked if all could keep an eye out for any grants/funding that they may hear of that could be suitable for the club to apply for.

Current ones available via Swim England are more for hardship funds as we have savings these would not appear to be open to us, we need to look for growth or project funds once normality is back and normal pool time is available.

SW is happy to re-engage with Leonardo and Mercury DW to discuss how they can currently support the club; this could be via the Level X once we are able to resume this.

Ideally, we could do with someone that could engage with other non-industry companies to see if any support could be given from them in the future for events.

It was suggested that crowd funding could be an option to investigate which may attract support from previous members, this would need a project linked to it rather than just asking for money, again when normal is back we can look further into this as part of growing membership.

5. Correspondence

Non received

6. Acting head coach

AM reported that the training carried out during December had all gone well, he had spoken with Nigel, Ian, and Jason and all the groups had knitted together with skills/drills and all were working hard. AM was pleased that we had been able to fit a Level X racing event in prior to the Christmas break, as this gave the swimmers an opportunity to race, the vast majority enjoyed the event and overall was well received by swimmers and parents and he was pleased with the swims.

With Lincolnshire now into tier 4 and pools again having to close AM is working on a programme of events to deliver via Zoom for the swimmers, he plans on a Monday evening to add a cardio session in which will be available across all groups, and then group specific workouts will be scheduled during the rest of the week.

We will also re book Lizzie Simmonds for two further presentations one for the younger and one for the older swimmers.

Saturday evening family quizzes to be arranged along with sleep/mental help sign posting via social media and possibly talks on this, AM to investigate further on what is available.

There will also be the weekend challenges/tasks set for all groups.

AM is looking at weekly meal planning for the top groups to educate them on that.

AM then went through what he sees as his vision on the structure of the club along with objectives for each squad. This is all for the future when pool time becomes available again as we had at the start of 2020 and of course having the funds within the club to support this.

Discussion on the re-introduction of swimmer logbooks took place, it was agreed that these can be a positive tool for swimmers to record things that they do not always want to say directly and for coaches to know how sessions are working, if they are used correctly then there are benefits for both swimmer and coach. It was agreed that using these would need to be both functional and worthwhile. Option to trial across top squads in the future was discussed and to see what options are available for an online version of logbooks.

7. Reports

Covid lead – With another prolonged time out of the water we are again looking at a bubble re-set for swimmers when we return. LG said that if any swimmer moves need to take place this would be a good time to undertake this. CH will again have to collect in signed documents back from parents due to a prolonged absence.

We will have to take each month as it comes with each review date and follow the guidance issued when we return.

Welfare officer – nothing specific to report on – TL said that everyone needs to try and find little positives in life to focus on during this time.

8. AOB