



# **SWIMMING CAMP**

Tuesday 26<sup>th</sup> May 2015

## **APPLICATION FORM**

*ONE FORM PER SWIMMER – please note that there are only 60 places available and these will be allocated on a first-come first-served basis*

Swimmers Full Name .....

Swimmers ASA Number .....

*(It is a condition of attending the Swimming Camp that swimmers are current ASA members)*

Swimmer's Club .....

Date of Birth ..... Age as at 26<sup>th</sup> May 2015 .....

### **Emergency Contact Details**

Name .....

Relationship to swimmer .....

Address.....  
.....

Telephone No ..... Mobile No.....

Email.....

Does your son/daughter have any medical condition / allergy /  
special dietary requirements that we should be aware of?

YES/NO

If YES please give details

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.....  
.....

Does your son/daughter take regular medication? YES/NO

If YES please give details including dosage and frequency

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.....  
.....

Do we have permission to act 'in loco parentis' if a medical emergency arises and we are unable to make  
contact with you? YES/NO

Cheque enclosed for £ .....

Signature of Parent/Guardian .....

Date.....

**COST: £45.00 (£40.00 LVSC SWIMMERS AND PARTNERS).**

CHEQUES PAYABLE TO "LINCOLN VULCANS SWIMMING CLUB".

PLEASE RETURN THE APPLICATION FORM AND CODE OF CONDUCT TO:  
CHERYL HENDEL, 35 SHEARWATER ROAD, OFF SKELLINGTHORPE ROAD, LINCOLN, LN6 0UZ



# Lincoln Vulcans Swimming Club

## CODE OF CONDUCT

1. All members of the camp (coaches, swimmers and chaperones) will work together as a team, supporting and respecting each other in order to get maximum benefit and enjoyment from the training camp.
2. Participants will behave responsibly as representatives of their clubs throughout the training camp; being considerate and courteous to fellow users of the facilities and doing as requested by the facilities staff, coaching staff and chaperones.
3. Participants must be punctual. Unless otherwise stated swimmers are expected to arrive at events at the time indicated in the programme. Those arriving 5 minutes late for a session will be turned away at the coach or camp coordinator's discretion. In the actual case of a swimmer being late a full explanation and an apology will be expected.
4. All swimmers carry a responsibility to train with attention to detail, discipline and good manners. Negative attitudes or poor lane discipline is not acceptable. Anyone disrupting the flow of a session will be removed at the discretion of the coach/camp coordinator.
5. Abuse or neglect of any form is not acceptable. Please see the Child Protection in Sport Unit web-site [www.thecpsu.org.uk](http://www.thecpsu.org.uk) to gain a better idea of the categories of abuse that are unacceptable.
6. Smoking or alcohol consumption by any participant in the training camp is not permitted. Anyone believed to have consumed alcohol will be excluded from the training camp.
7. Swimmers must practice good hygiene before entering into training practise. Swimmers must ensure that they are clean of dirt before entering the pool environment.
8. All swimmers will prepare themselves fully for training sessions taking care to eat, drink and sleep properly and be ready to start sessions in good time. Swimmers will be expected to eat together in an orderly and polite manner.
9. All appropriate swimming, land training and group activity sessions will be attended except in exceptional circumstances. Participants are to ensure that they have the correct kit with them at all times.
10. Priority will be given to resolving any disagreements as soon as possible on the training camp. Swimmers will abide by the decisions of the Lincoln Vulcans Swimming Club's Coaching Staff and Chaperones at all times; this may include banning swimmers from taking part in certain activities. Ultimately the club reserves the right to ask parents/guardians to take their children away from the swimming camp. In the event of any disagreement or disciplinary matter, swimmers will be able to discuss the matter in confidence with their Club's Welfare Officer after the camp. In the event of a swimmer being removed from activities for disciplinary reasons no refund will be given.

Name..... (SWIMMER)

Signed..... (SWIMMER)

Signed..... (PARENT/GUARDIAN)

(If Swimmer Under 18 years)