



LINCOLN VULCANS SWIMMING CLUB

(AFFILIATED TO LINCOLNSHIRE ASA AND THE EAST MIDLAND REGION)

SHORT COURSE LICENSED OPEN MEET 2018

THIS IS A LEVEL 2 EVENT AND IS LICENSED BY SWIM ENGLAND FOR ENTRY INTO COUNTY REGIONAL AND NATIONAL CHAMPIONSHIPS

Qualifying Times

All entries are linked to the ASA rankings via Sportsystem entry for verification.

BOYS

Short Course Pool

EVENT	10	11	12	13	14	15	16	17+
50m Freestyle	39.3	37.2	35.1	33.1	31.3	29.9	29.0	28.4
100m Freestyle	1:22.0	1:20.6	1:17.0	1:13.0	1:08.0	1:06.0	1:02.6	1:01.4
200m Freestyle	3:06.0	2:54.0	2:44.7	2:35.0	2:26.6	2:20.8	2:18.0	2:13.8
400m Freestyle	6:31.8	6:06.0	5:46.0	5:26.8	5:10.4	4:57.5	4:48.7	4:42.5
100m Breaststroke	1:45.0	1:43.4	1:40.0	1:35.0	1:31.0	1:27.5	1:19.4	1:16.7
200m Breaststroke	3:59.0	3:44.4	3:32.2	3:19.3	3:09.9	3:06.8	3:02.7	2:56.3
100m Butterfly	1:46.0	1:44.4	1:40.6	1:36.1	1:26.4	1:21.7	1:15.8	1:09.0
200m Butterfly	3:37.3	3:31.20	3:27.6	3:17.7	3:12.7	3:07.5	2:56.7	2:36.9
100m Backstroke	1:35.0	1:32.5	1:29.2	1:25.7	1:19.0	1:16.0	1:14.3	1:09.6
200m Backstroke	3:26.7	3:13.3	3:04.5	2:55.1	2:48.4	2:44.3	2:38.8	2:29.0
200m Individual Medley	3:32.2	3:21.6	3:07.8	2:55.8	2:47.3	2:43.2	2:37.7	2:32.5

GIRLS

Short Course Pool

EVENT	10	11	12	13	14	15	16	17+
50m Freestyle	40.9	38.7	36.7	35.3	34.3	33.0	32.0	31.0
100m Freestyle	1:27.6	1:23.3	1:19.6	1:15.5	1:13.3	1:12.0	1:11.7	1:09.4
200m Freestyle	3:04.8	2:57.4	2:44.9	2:38.0	2:36.5	2:34.2	2:32.0	2:28.4
400m Freestyle	6:30.7	6:04.9	5:43.7	5:29.8	5:23.8	5:20.8	5:15.2	5:09.2
100m Breaststroke	1:52.5	1:47.5	1:44.3	1:42.3	1:40.7	1:36.1	1:34.2	1:30.9
200m Breaststroke	3:55.5	3:42.1	3:30.0	3:27.2	3:24.5	3:22.9	3:21.8	3:15.1
100m Butterfly	1:50.3	1:46.9	1:42.9	1:40.2	1:38.3	1:36.9	1:34.8	1:32.9
200m Butterfly	3:50.0	3:47.2	3:38.4	3:30.3	3:28.0	3:24.9	3:20.8	3:15.8
100m Backstroke	1:38.5	1:35.0	1:30.3	1:28.4	1:26.0	1:24.1	1:23.1	1:20.6
200m Backstroke	3:25.7	3:12.5	3:04.7	2:58.3	2:55.2	2:54.8	2:53.4	2:45.6
200m Individual Medley	3:29.7	3:19.9	3:08.3	3:00.5	2:58.1	2:56.5	2:53.2	2:48.7

Times must have been achieved since 6th October 2017