



LINCOLN VULCANS SWIMMING CLUB

(AFFILIATED TO LINCOLNSHIRE ASA AND THE ASA EAST MIDLAND REGION)

SHORT COURSE LICENSED OPEN MEET 2018

(HELD UNDER ASA LAWS AND ASA TECHNICAL RULES OF SWIMMING)

INDIVIDUAL ENTRY FORM

Please complete all details requested below in **full***.

| | | | | |
|---|--|--|--------|---------------|
| Name | | | | Male / Female |
| Address | | | | |
| Telephone No* (We require a contact No)* | | | E-mail | |
| Date of Birth | | Age as at 31 st December 2018 | | |
| Club | | | | |
| Swim England Number | | | | |

ALL TIMES TO BE 25M POOL TIMES OR 50M CONVERTED TIMES

PLEASE REFER TO QUALIFYING TIMES INFORMATION

| EVENT | ENTRY TIME 25 metres | EVENT | ENTRY TIME 25 metres |
|-----------------|-------------------------|-------------------|-------------------------|
| 50m Freestyle | | 100m Butterfly | |
| 100m Freestyle | | 200m Butterfly | |
| 200m Freestyle | | 100m Breaststroke | |
| 400m Freestyle | | 200m Breaststroke | |
| 100m Backstroke | | 200m I/M | |
| 200m Backstroke | | | |

| | | | |
|-----------------------------------|--|-------------------------------------|---|
| Total No. of Entries | | @ £7.00 per event = Total | £ |
| No. of Coaches Passes Required | | @ £10.00 each includes programme | £ |

Cheques should be made payable to LVSC

Please return entries by **Closing Date 1st September 2018**

To: Dave Hendel
35 Shearwater Road, Off Skellingthorpe Road, Lincoln, LN6 0UZ