

LINCOLN VULCANS SWIMMING CLUB



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GRANTHAM SWIMMING CLUB

(AFFILIATED TO LINCOLNSHIRE ASA AND THE ASA EAST MIDLAND REGION)

SHORT COURSE LICENSED LEVEL 3 OPEN MEET 2017

(HELD UNDER ASA LAWS AND ASA TECHNICAL RULES OF SWIMMING)

INDIVIDUAL ENTRY FORM

Please complete all details requested below in full*.

Name				Male / Female
Address				
Telephone No* (We require a contact No)*			E-mail	
Date of Birth			Age as at 11 th June 2017	
Club				
ASA Number				

ALL TIMES TO BE 25M POOL TIMES
PLEASE REFER TO QUALIFYING TIMES INFORMATION

EVENT	ENTRY TIME	EVENT	ENTRY TIME
50m Freestyle		50m Breaststroke	
100m Freestyle		100m Breaststroke	
200m Freestyle		200m Breaststroke	
50m Backstroke		50m Butterfly	
100m Backstroke		100m Butterfly	
200m Backstroke		200m Butterfly	
100m I/M		200m I/M	
Total No. of Entries		@ £5.00 per event = Total	£
No. of Coaches Passes Required		@ £10.00 each includes programme	£

Cheques should be made payable to LVSC

Please return entries by **Closing Date 7th May 2017**

To: Dave Hendel d.hendel@ntlworld.com 35 Shearwater Road, Off Skellingthorpe Road, Lincoln, LN6 0UZ