



# LINCOLN VULCANS SWIMMING CLUB

(AFFILIATED TO LINCOLNSHIRE ASA AND SWIM ENGLAND EAST MIDLAND REGION)

## LONG COURSE LICENSED OPEN MEET 2017

(HELD UNDER ASA LAWS AND ASA TECHNICAL RULES OF SWIMMING)

### INDIVIDUAL ENTRY FORM

Please complete all details requested below in **full**\*.

Name				Male / Female
Address				
Telephone No* (We require a contact No)*			E-mail	
Date of Birth		Age as at 31 <sup>st</sup> December 2017		
Club				
ASA Number				

#### ALL TIMES TO BE 50M POOL TIMES OR 25M CONVERTED TIMES

PLEASE REFER TO QUALIFYING TIMES INFORMATION

EVENT	ENTRY TIME 50 metres	EVENT	ENTRY TIME 50 metres
50m Freestyle		100m Backstroke	
100m Freestyle		200m Backstroke	
200m Freestyle		100m Butterfly	
400m Freestyle		200m Butterfly	
800m Freestyle		100m Breaststroke	
1500m Freestyle		200m Breaststroke	
		200m IM	
Total No. of Entries		@ £7.00	£
Coaches pass	@ £15.00 – to inc lunch		£

Cheques should be made payable to LVSC

Please return entries by **Closing Date 2<sup>nd</sup> September 2017**

To: Dave Hendel  
35 Shearwater Road, Off Skellingthorpe Road, Lincoln, LN6 0UZ